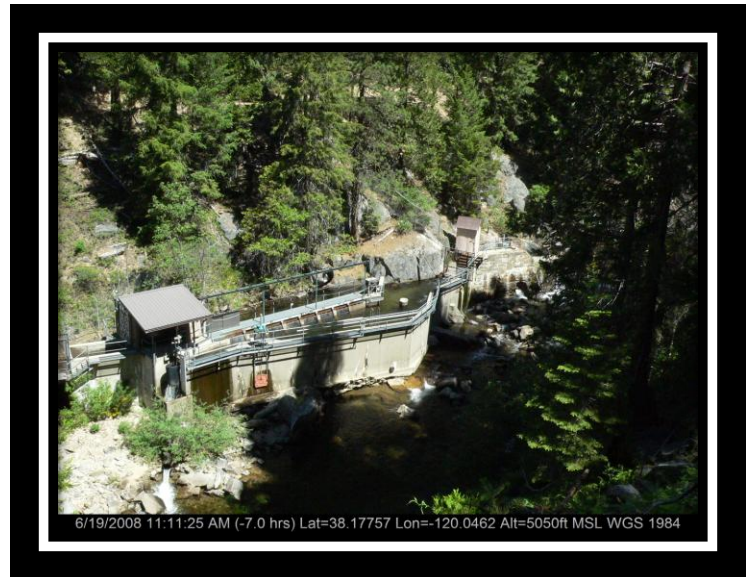


**SUG
AR
PINE
RR
TRAIL**



Hiking Distance: 6.0 miles roundtrip
Difficulty: Easy
Start Elevation: About 4850 feet (from Frasier Flat)
Elevation Change: About 450 feet
Location: Off SNF road 4N01
Map: USFS Strawberry Quadrangle 474-1

Area's Blooming Season	March		April		May		June		July		August		September	
	Early		E	Mid		M	Late		L	Very Late		V		

Description:

This trail is the old main line railroad grade of the Sugar Pine Lumber Co. narrow gauge railroad from Frasier Flat to Old Strawberry Road. This is a popular, wide, gently uphill trail with the South Fork of the Stanislaus River generally always in view. One can start either at the Frasier Flat end or the Old Strawberry Rd end (see directions below). With a two car shuttle the distance will only be 3.0 miles. (If using a shuttle you might consider leaving one car at Strawberry Inn and start at Frasier Flat, on reaching Old Strawberry Rd follow it down to the bridge over the river and then follow a use trail along the south bank of the river to the 108 highway bridge onto Strawberry Inn where you can have an excellent lunch.) The meadow close to Old Strawberry Rd usually has an abundance of flowers, especially Meadow Lupine, Bigelow's Sneezeweed, and Western Oxypolis. About 3/4 mile from Frasier Flat are usually a fair number of Rattlesnake Orchids and a little ways beyond is a large patch of Lemmon's Wild Ginger.

Trailhead Directions:

For the FRASIER FLAT trailhead take SR 108 about 2 miles east of the end of the divided highway turn left on Forest Road 4N01 following the sign for Frasier Flat Campground. This paved road descends to a bridge crossing the South Fork of the Stanislaus River, about 2.6 miles. Just before the bridge you will find parking space. The trail is on the south bank of the river; no sign, but obvious.

For the old STRAWBERRY ROAD trailhead take SR Highway 108 about 1 mile east past the Cold Springs service area and then turn left on Old Strawberry Rd (it is signed). Go 2.0 miles and look for the two NFS red-orange stakes on the left. There is no sign.

